

ASUTOSH COLLEGE
(Estd. 1916)
92, S.P. Mukherjee Road
Kolkata – 700026



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CONTENTS

SL.NO	METRIC NO.	SUBJECT
1	5.3.2.	BANNERS, POSTERS, PICTURES
2	5.3.2.	EVENT REPORTS



1. Independence Day-



2. Lalon theke Lenon

ASUTOSH COLLEGE STUDENTS' UNION PRESENTS		
লালন থেকে লেনন 'KE LENNON 2023		
(16 TH - 18 TH OCTOBER)		
PROGRAMME SCHEDULE		
DAY 1	TIME	VENUE
PHOTOGRAPHY	REPORTING TIME 1:00 AM ONWARDS	UNION ROOM
QUIZ	11:00 AM - 12:30 PM	ROOM NO. (29-30)
POSTER MAKING	11:00 AM - 12:00 PM	COMMON ROOM
FACE PAINTING	12:00 PM - 1:00 PM	COMMON ROOM
T-SHIRT PAINTING	1:00 PM - 2:00 PM	COMMON ROOM
CREATIVE WRITING	2:00 PM - 3:00 PM	ROOM NO. 22
STREET PLAY	3:00 PM - 4:00 PM	COLLEGE MAIN GATE
WALL PAINTING	4:00 PM - 6:00 PM	CANTEEN
DAY 2	TIME	VENUE
TAKE (সঙ্গীত)	11:00 AM - 12:30 PM	ASUTOSH MEMORIAL HALL
QUIZ FINAL	12:30 PM - 2:00 PM	ASUTOSH MEMORIAL HALL
EXTEMPORE	2:00 PM - 3:00 PM	ASUTOSH MEMORIAL HALL
BAND COMPETITION	3:00 PM - 5:00 PM	ASUTOSH MEMORIAL HALL
DAY 3	TIME	VENUE
1 MIN. TO FAME	11:00 AM - 2:00 PM	ASUTOSH MEMORIAL HALL
INTRODUCTION & PRIZE DISTRIBUTION	2:00 PM - 4:00 PM	ASUTOSH MEMORIAL HALL
SPECIAL PERFORMANCE BY :		



Manab kabi

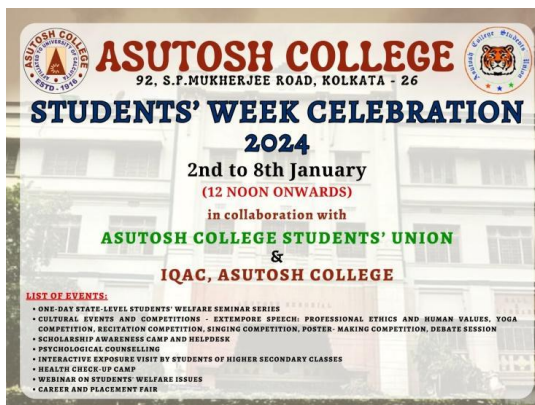
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3. KRIRA, 2023



4. Students Week Celebration, January 2024
 BANNER:



ASUTOSH COLLEGE
 92, S.P. MUKHERJEE ROAD, KOLKATA - 26

STUDENTS' WEEK CELEBRATION 2024
 2nd to 8th January
 (12 Noon Onwards)

INAUGURATION
 By
DR. MANAS KABI
 PRINCIPAL
 ASUTOSH COLLEGE
 TUESDAY, 2nd JANUARY 2024 at 11:30 AM

PROGRAMME SCHEDULE

EVENT NAME	DATE & VENUE
One-Day State-level Students' Welfare Seminar Series on Human Trafficking, Gender Equity and Sensitization, Cyber Crime	02.01.2024 Centenary Building
Scholarship Awareness Camp and Helpdesk	02.01.2024 to 04.01.2024 Main Building
Cultural Events and Competitions: Poster-making Competition, Debate Session	03.01.2024 Main Building
Psychological Counselling (Lecture-sum-interactive session)	04.01.2024 Centenary Building
Interactive Exposure Visit by Students of Higher Secondary Classes	05.01.2024 Main Building
Health Check-Up Camp	05.01.2024 Main Building (Common Room)
Cultural Events and Competitions: Extempore Speech, Professional Ethics and Human Values, Yoga Competition, Recitation Competition, Singing Competition	06.01.2024 Main Building
Webinar on Students' Welfare Issues	07.01.2024 Main Building
Career and Placement Fair	08.01.2024 Main Building

in collaboration with
ASUTOSH COLLEGE STUDENTS' UNION
 &
IQAC, ASUTOSH COLLEGE



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STUDENTS' WEEK CELEBRATION 2024
 2nd to 8th January
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INTERACTIVE EXPOSURE VISIT BY STUDENTS OF HIGH SECONDARY CLASSES
 5th January 2024, 12 Noon Onwards
 Venue: Departments of Journalism and Mass Communication, Electronics, Communicative English, Computer Science, Microbiology, Political Science, B.B.A, Environmental Sciences

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STUDENTS' WEEK CELEBRATION 2024
 2nd to 8th January
 in collaboration with
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 IQAC, ASUTOSH COLLEGE

CULTURAL EVENTS & COMPETITIONS
 Extempore Speech: Professional Ethics and Human Values, Yoga Competition, Recitation Competition, Singing Competition
 6th January 2024, 12 Noon Onwards
 Venue: Main Building, Asutosh College

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STUDENTS' WEEK CELEBRATION 2024
 2nd to 8th January
 in collaboration with
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CAREER & PLACEMENT FAIR
 8th January 2024, 12 Noon Onwards
 Venue: Main Building, Asutosh College

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STUDENTS' WEEK CELEBRATION 2024
 2nd to 8th January
 in collaboration with
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 &
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PSYCHOLOGICAL COUNSELLING (LECTURE-CUM-INTERACTIVE SESSIONS)
 4th January 2024, 12 Noon Onwards
 Venue: Seminar Hall, Centenary Building, Asutosh College

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STUDENTS' WEEK CELEBRATION 2024
 2nd to 8th January
 in collaboration with
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 &
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HEALTH CHECK-UP CAMP
 5th January 2024, 12 Noon Onwards
 Venue: Main Building, Asutosh College

☐ **GEO-TAGGED PHOTOGRAPHS:**



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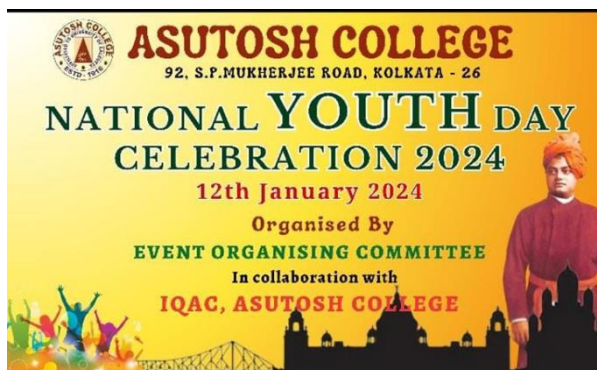


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5. Event: Birth anniversary of Swami Vivekananda

□ Banner:



□ GEO-TAGGED PHOTOGRAPHS:



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Event 6: Personality Development and career adaptability

Banner:

ASUTOSH COLLEGE
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One-Day State-Level Seminar
on
**IMPORTANCE OF
PERSONALITY DEVELOPMENT AND CAREER ADAPTABILITY**
Organised By
ACADEMIC SUBCOMMITTEE
In collaboration with
IQAC, ASUTOSH COLLEGE
Special Invitee: The Bengal Chamber of Commerce and Industry
15th January 2024, 12:30 P.M. Onwards
Venue: **Seminar Hall, Centenary Building, Asutosh College**

DR. RATNA SINHA
Fellow (XLRI), ACC (ICF)
Mentor and Coach, HR Advisory
(Speaker)

SWAMI MAHAPRAJANANDA
Principal
Ramakrishna Mission Vidyamandira
(Speaker)

Geo-tagged photo:



EVENT 7 : Character Building and Watchword of Swami Vivekananda

Banner:

ASUTOSH COLLEGE
92, S.P. MUKHERJEE ROAD, KOLKATA - 26
NATIONAL **YOUTH** DAY CELEBRATION 2024
Lecture on
**CHARACTER-BUILDING : THE WATCHWORD OF
SWAMI VIVEKANANDA**
Speaker:
SWAMI EKACHITTANANDA
Principal
Ramakrishna Mission Residential College
(Autonomous)
Organised By
EVENT ORGANISING COMMITTEE
In collaboration with
IQAC, ASUTOSH COLLEGE
15th January 2024, 3 P.M. Onwards
Venue: **Seminar Hall, Centenary Building, Asutosh College**



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EVENT 8: Birth Anniversary of Netaji Subhas Chandra Bose



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EVENT NO 9: REPUBLIC DAY



EVENT NO.10: Empowering Future: Motivational Insights for Student's Welfare Banner:

ASUTOSH COLLEGE
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**One-day International Seminar on
EMPOWERING FUTURE: MOTIVATIONAL INSIGHTS
FOR STUDENTS' WELFARE**

Organised By
ASUTOSH COLLEGE HUB CENTRE AND SPOKE COLLEGES
In collaboration with
IQAC & STUDENTS' WELFARE COMMITTEE, ASUTOSH COLLEGE
in association with
MERRYLAND NURSING HOME, KOLKATA

Distinguished Speakers:

SWAMI TATPARANANDAJI MAHARAJ
Coordinator
Ramakrishna Mission Vidyalaya, Narendrapur
Topic: Resources of Wellbeing
Time: 12 noon - 12:30 pm

DR. SUJIT ROY
General Physician
Merryland Nursing Home
Topic: Importance of Health Awareness
Time: 12:30 pm - 1:45 pm

DR. DIPANKAR MUKHERJEE
Medical Director
NIR University Hospitals NHS Trust, London, U.K.
Topic: Mental health & well being challenges of the
young adults .What can we do now?
Time: 1:45 pm - 1 pm

SHIBAYAN GANGULY
Clinical Dietician
Topic: Essential Acupressure points for
emergency situation
Time: 1pm - 1:30pm

**Tuesday, 6th February 2024
11:30 A.M. Onwards**

Venue: Seminar Hall, Centenary Building, Asutosh College



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☐ **GEOTAGGED PHOTOGRAPHS:**



Event No. 11: Intercollege Debate competition

Banner:



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Event No. 12: Muktodhara:

Banner:

<p>ASUTOSH COLLEGE 92, S.P.MUKHERJEE ROAD, KOLKATA - 26 Presents MUKTODHARA 2024 TRAINING SESSION ON ASUTOSH COLLEGE STUDENTS' APP BY INFOTECH LAB Organised By INTERNAL QUALITY ASSURANCE CELL (IQAC), ASUTOSH COLLEGE 12th of February 2024 Venue: Asutosh Memorial Hall</p>	<p>ASUTOSH COLLEGE 92, S.P.MUKHERJEE ROAD, KOLKATA - 26 Presents MUKTODHARA 2024 CAREER GUIDANCE & AWARENESS PROGRAMME ON GOVERNMENT JOBS by National Vocational Academy of India Organised By PLACEMENT CELL, ASUTOSH COLLEGE in association with the IQAC & ASUTOSH COLLEGE STUDENTS' UNION 12th of February 2024 Venue: Asutosh Memorial Hall</p>
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ASUTOSH COLLEGE
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Presents
MUKTODHARA 2024
CULTURAL CONFLUENCE
Organised By
ASUTOSH COLLEGE HUB CENTRE AND SPOKE COLLEGES
in collaboration with the
IQAC & ASUTOSH COLLEGE STUDENTS' UNION
12th of February 2024
Venue: **Asutosh Memorial Hall**



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Geo-tagged photo:



Event No. 13: Bhasa dibas:

Geo-tagged photo:



Event No. 14: Asutosh College Premier League:

Photo:



Event No 15: Ambedkar Jayanti:



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Event No 16: Rabindra Jayanti:



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Event No. 1

- **Title of the event:** 76th Independence Day Celebration
- **Date:** 15.08.2023
- **Venue:** College rooftop
- **Collaboration:** Event organizing committee, NCC and ACSU in association with IQAC
- **Objective:** To celebrate Independence Day and commemorate the freedom fighters of our country
- **Target audience/Participants:** Teaching and Non-teaching faculty and students
- **Brief description of the programme:** On 15th August, 2023, Independence Day was celebrated with great enthusiasm at the college rooftop with teachers, non-teaching staff, students and NCC cadets to mark the 76th years of India's Independence from British rule. Our respected Principal Dr. Manas Kabi graced the occasion and hoisted the national flag. Principal Sir delivered his valuable speech. Smt. Krishna Basu, Dr. Bidisha Dutta delivered a brief talk on the special day. Uttaran Banerjee, general secretary of student union also spoke on the significance of Independence Day. Independence Day also serves as a reminder of all the virtues, pride, colourful history, cultural richness, diversity and landscapes, which we must all feel proud to call our homeland. It's also the day when we commemorate and pay homage to the courageous sacrifices of our freedom fighters, who fought hard with a worthy patriotic spirit to get their home free of British oppression. The students and teachers of our college organized a cultural programme. On 14th August, 2023 "MERI MAATI, MERA DESH" programme was organised jointly by NCC and NSS unit of Asutosh College. Two army officers were present over there to celebrate the pre-Independence Day programme and hoisted the flag. The teachers and students presented a brief cultural tribute to Netaji Subhas Chandra Bose, Matangini Hazra and all other Martyrs over there.
- **Expected outcome:** Celebration of the day is a powerful reminder of the sacrifices that secured the freedom they now enjoy. This day instills a deep sense of patriotism, pride, and to identify the importance of unity, respect for diversity, and the value of freedom.



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Event No. 2

- **Title of the event:** Lalon theke Lenon
- **Date:** 16.10.2023 to 18.10.2023
- **Venue:** College main campus
- **Collaboration:** Asutosh College Students Union and ACSU in association with IQAC
- **Objective:** To identify the hidden talent of the students by organizing different competition and cultural events
- **Target audience/Participants:** Students of Asutosh College
- **Brief description of the programme:** Asutosh College Students' Union organized Lalon Theke Lenon, a series of cultural events and competition from 16th October to 18th October in the college main building. This programme comprised of several attractive events and teachers of our college acted as Judges of all the events.
- **Expected outcome:** Every year huge number of students take participation in this events and it gives the opportunities to the student to express and present their talents.



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KRIRA 2023

ASUTOSH COLLEGE ANNUAL SPORT (2023-2024)

- **Title of the programme- Krira (Annual Sports)**
- **Date:** 21st and 22nd December, 2023
- **Venue:** Asutosh College Ground in Maidan
- **Collaborators:** Asutosh College Sports and Games Committee association with IQAC and Asutosh College Students Union
- **Brief Report:** This glorious institution has always valued sports and games, which help students to reach a different platform of recognition in the society apart from curricular activities. Both girls and boys participated on this day in a variety of events.

The events details are enlisted here

Sl. No	Name of the Event	No. of participants	No. of Heats/ Cycle	No. of Award/ winners/Prize	Name of the winners with Chest No
Boys					
1	100 Meters Run	123	12	3	Lalrawng Bawla (45) – 1 st Tridip Mondal (09) – 2 nd Richik Sankar (17) – 3 rd
2	200 Meters Run	51	5	3	Sneho Das (49) – 1 st Abhik Pakrey (90) – 2 nd Tridip Mondal (09) – 3 rd
3	400 Meters Run	43	4	3	Tridip Mondal (09) – 1 st Sneho Das (49) – 2 nd Souvik Kr Pal (312) – 3 rd
4	800 Meters Run	22	3	3	Raj Singh (325) – 1 st Souvik Kumar Pal (312) – 2 nd Bapi Ram Kaisi (82) – 3 rd
5	1500 Meters	28	3	3	Raj Singh (325) – 1 st

	Run				Souvik Kumar Pal (312) - 2 nd Animesh Murmu (375) – 3 rd Milan Mondal (100)- 4 th
6	Shot-put	93	3	3	Debarshee Roy (204) – 1 st Md. Sahil (222) – 2 nd Shantanu Acharya (330) – 3 rd
7	Javelin throw	79	3	3	Amir Sohel Molla (204) – 1 st Sonu Pandit (180) – 2 nd Juvaraj Ghosh (361)– 3 rd
8	High Jump	34	3	3	Sonu Pandit (180)– 1 st Ashish Kumar Murmu (76) – 2 nd Tridib Mondal (09) – 3 rd
9	Long Jump	39	3	3	Asish Kumar (76) – 1 st Jeet Mahato (93) – 2 nd Asif Hussain (12) – 3 rd
10	Discus throw	36	3	3	Bikramaditya Sarkar (220) – 1 st Kumar Hrishikesh Pal (379) – 2 nd Sahil Rehman (89) – 3 rd
11	Relay Race			1 st team	Abhik Pakrey (90) Sneho Das (49) Bapiram Kairi (82) Rohan Ghosh (51)
				2 nd team	Aditya Das (315) Soumyajit Pramanic (316) Cbsubham Kumar Gupta (06) Tridip Mondal (76)
				3 rd team	Asish Kumar Murmu (76) Animesh Murmu (375) Bishal Das (20) Apurba Dey (71)
Girls					
1	100 Meters	102	11	3	Monami Adhikary (108) – 1 st

	Run				Tanirima Seal (107) – 2 nd Chandrani Banerjee (125)– 3 rd
2	200 Meters Run	47	5	3	Monami Adhikary (108) – 1 st Ishita Ekka (134) – 2 nd Khusbu Mondal (138) – 3 rd
3	400 Meters Run	42	4	3	Ishita Ekka (134) – 1 st Tanirima Seal (107) – 2 nd Pratiksha Sen (145) – 3 rd
4	800 Meters Run	16	3	3	Supriya Mondal (156) – 1 st Koyel Ghosh (148)- 2 nd Sonia Pramanik (166) - 3 rd
5	1500 Meters Run	16	3	3	Ishita Ekka (131) – 1 st Bishalaxmi Roy (146) - 2 nd Debjani Banerjee (378)- 3 rd
6	Shot-put	56	4	3	Koyel Ghosh (148)- 1 st Srija Bin (167)- 2 nd Ankita Mukherjee (171)- 3 rd
7	Javelin throw	26	3	3	Koyel Ghosh (148) -1 st Monami Adhikary (108) – 2 nd Sneha Das (169) – 3 rd
8	High Jump	26	3	3	Khusbu Mondal (138) – 1 st Payel Naskar (144)- 2 nd Ishika Ekka (34) – 3 rd
9	Long Jump	36	3	3	Ishita Ekka (134) – 1 st Khusbu Mondal (138) – 2 nd Monami Adhikary (108) – 3 rd
10	Discus throw	41	3	3	Koyel Ghosh (148) – 1 st Srijeeta Dey (367) – 2 nd Monami Adhikary (108) – 3 rd
11	Relay Race			1 st team	Pratiksha Sen (195) Ishita Ekka (134) Mouli Sen (13) Pranthana Mukherjee (394)
				2 nd team	Monami Adhikary (108)

				Sayani Tudu (110) Supriya Mondal (156) Minanski Barman (149)
			3 rd team	Bidipta Maity (159) Chandrani Banerjee (125) Jayeeta Mukherjee (124) Bishalakhi Ray (146)

- **Expected outcome:** Students of our college enthusiastically participated in sports activities and presence of teaching, non-teaching faculty members and students of our college were very significant to encourage the participants to give their best to make the event successful.



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Event no. 4

- **TITLE OF EVENT: Students' Week Celebration**
- **THEME OF THE EVENT/ PROGRAMME:** Celebration of Student life in school and college through learning and nurturing of ideas
- **ACADEMIC SESSION: 2023-2024**
- **DATE:** 2nd January to 8th January, 2024
- **VENUE:** College main building, Students common room, Seminar Hall of Centenary building
- **OBJECTIVE/ PURPOSE:** Overall development of the student
- **TARGET AUDIENCE/ PARTICIPANTS:** Students, teaching and non-teaching faculty
- **BRIEF REPORT ABOUT THE EVENT/ PROGRAMME:** In accordance with the directive of the Government of West Bengal, Asutosh College in collaboration with the college Students' Union and IQAC, organized an engaging and inclusive Students' Week Celebration, from January 2nd to January 8th 2024. This week-long programme included multiple sessions and activities designed to support the overall growth and welfare of students who constitute the future of the nation.

02.01.2024

The state song or *Rajya gaan* was sung to initiate and set the tone of the programme. Both teachers and students took part. This was followed by the official address of Dr. Manas Kabi, Principal, Asutosh College. On the opening day, 2nd of January, a series of Students' Welfare Seminars were organized. Issues included Human Trafficking, Gender Equity, and Sensitization and Cyber Crime.

Combating human and child trafficking necessitates a multifaceted and coordinated effort on the part of many agencies including government, law enforcement, civil society, and the



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international community. Victim protection and assistance, as well as proactive steps to address the underlying reasons of vulnerability, are critical components of any anti-trafficking approach. Faculty members from the Department of Journalism and Mass Communication and Sociology delivered the lecture on ‘Human Trafficking’.

The session was divided into two major sections. Smt. Jayita Das from the Dept of Sociology spoke on child trafficking issues in India and its major causes. She explained the various social and economic factors responsible for child trafficking. In the second session, Dr. Priyanka Roy from the Department of Journalism and Mass Communication highlighted the problem of human trafficking and gave an overview of the Anti-Trafficking Laws in India. Audio-visual content was also presented which helped students grasp the subject better. Dr. Roy also mentioned how communities may help prevent human trafficking by remaining attentive, reporting suspicious activity, and engaging in awareness efforts. The role of the media in this regard was also highlighted. The sessions were interactive where the students participated actively. They shared their social media usage patterns and habits. Faculty members of the college also agreed on the value of the event and the importance of raising awareness about the issue.

The speakers for the second session on ‘Gender Equity and Sensitization’ were Dr. Sanchita Sanyal, Dr. Subhasri Ghosh and Dr. Chandrima Bhar, Assistant Professors from the Departments of Political Science, History, and Philosophy respectively. Dr. Sanyal said the introduction of a third gender is a significant step towards encouraging diversity, inclusivity, and recognising the presence of people whose gender identities do not fit inside the standard dichotomy of male and female. Many communities have recognised and accepted the notion of a third gender, often known as non-binary gender, as part of attempts to understand and appreciate the diversity of human experiences.

While giving her speech on The Protection of Children from Sexual Offences Act, 2012, Dr. Subhasri Ghosh said that this is a huge step towards resolving the terrible issue of child sexual abuse in India. It seeks to defend children's rights and hold those who commit sexual offences against them responsible through a specialised judicial process. She explained how the Act outlines a wide range of sexual offences against minors, including sexual assault, sexual harassment, employing a child for pornographic purposes, and penetrative sexual assault.

Dr. Chandrima Bhar during her session said that Creators, media professionals, and society as a whole must critically assess how gender issues are portrayed in various means of communication. Promoting accurate, varied, and respectful portrayals helps to build a more inclusive and equitable understanding of gender. While explaining gender equity issues she



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towards gender roles. The media has the ability to affect cultural norms and may be a catalyst for positive change by challenging negative stereotypes and encouraging equality. She also explained gender stereotypes and their changing pattern in recent times, citing examples from advertisements.

Tuesday's programme ended with a cyber awareness programme where Sri Suvankar Chakraborty of the Cyber Cell and SOG (Special Operation Group) units of Kolkata Police, gave advice on how to use social media sites safely and guard against online fraud. In the era of artificial intelligence, indiscriminately publishing photographs on public platforms may aid in reliving memories, but it can also be interpreted as data by cybercriminals, who could harm the person's reputation. During the hour-long lecture, the speaker spoke extensively about Artificial Intelligence (AI), characterising it as a "problem of the future". He presented a short clip of criminals using a 9-year-old's photographs to steal her real identity. Mr. Chakraborty stated that while technology undoubtedly makes life easier, safety is still a must when using it.

He also stressed that parents should refrain from posting excessive amounts of information about their children's accomplishments and activities on social media.

03.01.2024

On 3rd January a poster-making competition and debate session were organised. The purpose of the poster-making competition was to encourage students' creative expression and assess their understanding of various environmental challenges. The competition on the topic 'Pollution and Environment' was to get the students thinking, in addition to evaluating them on their artistic abilities. Students from various departments entered the competition with great enthusiasm. Judges of the event were Dr. Parikshit Dutta, Dr.Kunal Sinha, and Dr.Surama Bera, Assistant Professors from the departments of Physics, Electronics, and Communicative English respectively.

Students' capacity to acquire fundamental critical thinking and presentation skills can be enhanced by engaging in discussions and debate. Debates are about more than just arguing over a subject by teaching individuals how to think logically in general. They are intended to train both parties to think and enable them to consider both sides of an argument. Around 50 students from various departments participated in the debate on the topic 'Artificial Intelligence (AI) is a threat to Humans'. Dr. Sanchita Sanyal, Dr. Subhasri Ghosh and Dr. Riddhi Saha, Assistant Professors from the departments of Political Science, History and Communicative English respectively, acted as judges.



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The following students stood as winners in the **debate competition** –

1st – Naitik Saha (Geology) & Suryasuchi Dey (Political Science)

2nd – Tridip Halder (Microbiology)

3rd - Arukshita Saha (Communicative English)

The following students stood as winners in the **poster-making competition** –

1st – Sampa Kayal (IFF)

2nd – Oishi Sarkar (Microbiology)

3rd – Meghna Sinha ((Microbiology)

04.01.24

Our ability to make decisions, form connections, and influence the environment around us as individuals and as a society is largely dependent on our mental health. A fundamental human right is mental health. Furthermore, it is essential for socioeconomic, communal, and personal growth.

Beginning on January 2 and continuing till January 8, Asutosh College celebrated the annual Students' Week in collaboration with the Students' Union and the Internal Quality Assurance Cell (IQAC). The topic of mental health and wellbeing was covered on the third day of the programme. Sessions on "stress management" and "counselling for mental health" were arranged. It was conducted by the Psychology Department faculty members and included an interactive session. Around 100 Students from Santoshpur Rishi Aurobindo Balika Vidyapith, Modernland Girls High School and Garfa D.N.M Girls' High School and Garfa DNM High School, spoke schools in the Asutosh College Hub centre, attended the session.

Smt. Sneha Bharaty from the Psychology department was the speaker for the first session. She discussed and described how the body and brain behave. She also discussed how our mental processes work. She highlighted that the 'mind is body and body, mind' and that the mind, too, has health. She encouraged students to talk about their likes and dislikes with regard to psychological counselling.



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Dr. Ananya Mondal led the second "stress management" session. She informed the students about the various stages of stress as a psychology expert. She gave the students guidance on how to recognize the signs of stress and how to deal with it.

Students' and teachers' concerns about psychological upliftment, the reasons for growing student stress, and society's part in it were discussed throughout the interactive session. These queries were excellently addressed by Dr. Rimjhim Ray, Head, Department of Psychology and other faculty members from the department. Appropriate suggestions were made for their mental well-being. They encouraged students not to see mental health problems as taboo and to seek professional help when needed.

05.01.24

On 5th January the National Service Scheme (NSS) organized a Health and Eye check up for students, teaching and non-teaching staff. The eye check-up was done by Dr. Kaushick Biswas, ophthalmologist and eye surgeon, attached with The Calcutta Medical Research Institute. The College's internal healthcare professional checked blood pressure, pulse, oxygen saturation, blood sugar, and body weight as part of the health examination.

Another component of the yearly Students' Week programme was an interactive exposure visit by Higher Secondary students to selected laboratory-based departments of the college. Participants included students of classes XI and XII from Santoshpur Rishi Aurobindo Balika Vidyapith, Garfa DNM Girls' High School, Garfa DNM High School and Modernland Girls' High School. The visit was coordinated by the departments of Industrial Fish & Fisheries, Business Administration, Computer Science, Microbiology, Biochemistry, Environmental Science, Electronics, Chemistry, Journalism & Mass Communication, Communicative English, and Physics. Students learned about the various fields of study which are now offered at the undergraduate level. During the lab tour, students had a chance to see the different kinds of equipment that are utilized in practical applications. They also interacted with the faculty members of the concerned departments.



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VO.01.24

Various student-centric activities like singing competition, recitation competition, yoga and extempore speech competitions were conducted on 6th January. These activities extended beyond academic endeavours, offering the opportunity for personal development, social interaction, and the investigation of various views. The extempore competition provided a dynamic yet challenging environment for students to polish a wide range of abilities necessary for personal and professional success. Dr. Anil Kumar Chand, Dr. A.R. Md. Mustafizur Rahaman, Dr. Ananya Mondal and Ms. Sneha Bharaty from the departments of Communicative English, Zoology and Psychology gave their valuable inputs as judges. Dr. Parikhit Dutta and Dr. Aditi Das from the department of Physics coordinated the events for the day.

The following students were the winners of **extempore competition** –

- 1st – Disha Lall (Journalism & Mass Communication)
- 2nd – Dhruva Jyoti Mitra (Journalism & Mass Communication)
- 3rd – Junaid Javed – (Microbiology)

The following students were the winners of **recitation competition** –

- 1st - Junaid Javed – (Microbiology)
- 2nd – Sudip Kumar Das (Sociology)
- 3rd – Mousumi Dolui (Journalism & Mass Communication)

The following students were the winners of **yoga competition** –

- 1st – Sourav Mondal (Bengali)
- 2nd – Aman Halder (B.A. General)
- 3rd – Anisha Mondal (Psychology)

The following students were the winners of **singing competition** –

- 1st – Srija Das (English)
- 2nd – Pratyusha Ghosh (Economics)
- 3rd – Joy Mondal (BBA)



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7th of January. Dr. Panchajanya Ghatak, Consultant Psychiatrist, Rampton Hospital, U.K was the speaker for the day. He defined the term Psychiatry. He also classified the psychiatry under different categories like child and adolescent psychiatry, elderly psychiatry, forensic psychiatry, etc. Dr. Ghatak also discussed the relation between mind, brain and personality. Discussion on common mental illness among students like phobia, anxiety disorder, depression, bipolar affective disorder. Attention Deficit Hyperactivity Disorder (ADHD), mental disease treatment (biological, psychological, and social), how to deal with mental illness, and the need of counselling and psychotherapy were all addressed in depth. The webinar aimed to promote personal well-being, reducing the stigma and encouraging self-care.

08.01.24

The Students' Week programme concluded on Monday, January 8th, 2024, with a Career and Placement Fair. Prominent national and international companies and institutions were present at the event, which was organized by the Placement Cell. The fair was attended by both present and former students.

Professionals from organizations such as Axis Bank, RICE, and T.I.M.E. & SS Advisors gave the students advice on how to write a CV, prepare for interviews and group discussions, and explore alternative career opportunities available to them as students. Students who attended the sessions by RICE and Ziel Classes underwent an aptitude test.

Scholarship Awareness Camp and Helpdesk

The Student Scholarship Helpdesk Programme conducted from January 2nd to 4th, 2024 at *Asutosh College*, aimed to provide assistance to students seeking information and guidance on various scholarship opportunities like Swami Vivekananda Scholarship & Aikyashree, initiated by the Government of West Bengal, Private Scholarships from LIC, HDFC and Central government scholarship: Inspire. The programme witnessed an enthusiastic participation of students who sought clarification on diverse aspects related to scholarships.

The primary objective of the helpdesk programme was to facilitate students in understanding the intricacies of scholarship applications, eligibility criteria, and the overall process. The



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programme also aimed to address individual queries, ensuring that students received accurate and personalized guidance.

The three-day programme featured a dedicated helpdesk where students could approach knowledgeable volunteers and experts in the field of scholarships. The helpdesk was operational during regular college hours, providing students with ample opportunity to seek assistance without disrupting their academic schedules.

The programme attracted a substantial number of students eager to enhance their understanding of scholarships. Participants actively engaged with the helpdesk personnel, asking questions ranging from eligibility requirements to the application process. The volunteers demonstrated patience and expertise, ensuring that each query was addressed comprehensively.

Common Queries and Themes:

Eligibility Criteria: Many students sought clarification on the specific requirements needed to qualify for different scholarships. Volunteers provided detailed explanations based on the criteria outlined by various scholarship providers.

Application Process: A significant number of participants inquired about the application procedures, deadlines, and documentation required for scholarship submissions. Volunteers guided students through the step-by-step application process for various scholarships.

Types of Scholarships: Students displayed a keen interest in understanding the diverse types of scholarships available. Volunteers presented information on merit-based, need-based, and specific-field scholarships, catering to the varied interests and academic backgrounds of the participants.

Renewal and Maintenance: Some students who had previously received scholarships were concerned about the renewal process and the criteria for maintaining their scholarship status. Volunteers provided clarity on the renewal requirements for different scholarship programmes.

Feedback and Improvement:

Overall, the programme received positive feedback from both participants and volunteers. However, some suggestions for improvement included expanding the programme duration and incorporating targeted workshops on scholarship essay writing and interview preparation.



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The Student Scholarship Helpdesk Programme proved to be a valuable initiative in providing much-needed support and information to students seeking financial assistance for their education. The success of this programme highlights the importance of continued efforts in guiding students through the scholarship application process, contributing to their academic and professional success.

Shri Sk. Mohiuddin, Dr. Arpita Paul and Dr. Pritha Biswas, Assistant Professors from the departments of Computer Science, Mathematics and Economics conducted the program.

Prize Distribution Ceremony:

The week-long Students' Week Celebration 2024 comprised a variety of events in which Asutosh College students took part. On January 8th, the Prize Distribution Ceremony was conducted. Dr. Manas Kabi, Principal, was present at the occasion to present the prizes to the students and congratulate and encourage them. Dr. Keya Ghosh, Convenor of the Students' Week Celebration Committee, Dr. Sraboni Roy, IQAC Coordinator, Dr. Rina Kar Dutta, Teachers' Council Secretary, and other faculty members from the college were also present.

EXPECTED OUTCOME:

The weeklong celebration brought a drastic change in the students as they portrayed the qualities of leadership, teamwork, cooperation, confidence, hard work, and social spirit.



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Event no. 5

- **TITLE OF EVENT:** Celebration of Birth Anniversary of Swami Vivekananda

- **THEME OF THE EVENT:** National Youth Day Celebration

- **ACADEMIC SESSION:** 2023-2024
- **DATE:** 12th January, 2024
- **VENUE:** Vivek Prangyan, College rooftop

- **OBJECTIVE/ PURPOSE:** Youth empowerment, social service, promotion of values, education and inspiration
- **SPEAKER/S / RESOURCE PERSON/S:** N.A.

- **TARGET AUDIENCE/ PARTICIPANTS:** Students, teaching and non-teaching staff

□ **BRIEF REPORT ABOUT THE EVENT/ PROGRAMME:**

To commemorate Swami Vivekananda on the occasion of his 161th birth anniversary, teaching, non-teaching staff of Asutosh College and the students gathered at Vivek Prangyan, on the college rooftop. The floral tribute to Vidyasagar was given by Dr. Arundhati Ganguly and Dr. Moon Jana, non-teaching staff and students. A brief talk was delivered by the teachers highlighting the significant contribution of Swamiji in the field of educational and social reformation. General Secretary of the student's union Radheshyam Gayen and Non-teaching staff of Uttaran Banerjee also delivered speeches on this special occasion.

- **EXPECTED OUTCOME:** The celebration of Swami Vivekananda's birth anniversary can serve as a platform for promoting his timeless ideals and principles, fostering personal, social, and spiritual growth, and contributing to a more harmonious and compassionate world.



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EVENT NO. 6

- **TITLE OF EVENT:** Importance of Personality Development Career Adaptability
- **THEME OF THE EVENT:** One-Day State Level Seminar corroborating with the vision and mission of the College.
- **DATE:** 15th January, 2024
- **VENUE:** Seminar Hall of the Centenary Building,(Asutosh College)
- **COLLABORATOR/S:** Academic Sub-Committee in collaboration with IQAC , Asutosh College
- **OBJECTIVE:** The seminar can facilitate personal growth and development, empowering participants to become the best versions of themselves and achieve their goals.
- **SPEAKER/S / RESOURCE PERSON/S:** Ms. Sukanya Bose, Director of the Bengal Chamber of Commerce and Industry, also an Alumni of the college; Dr. Ratna Sinha, fellow (XLRI), ACC mentor, coach and HR Advisory; Swami Mahaprajnanda, Principal, Ramkrishna Mission Vidyamandir
- **TARGET AUDIENCE/ PARTICIPANTS:** Students of Asutosh College
- **BRIEF REPORT ABOUT THE EVENT/ PROGRAMME:**

The programme started with an inaugural speech and welcome address by Prof. (Dr.) Manas Kabi, Principal ,Asutosh College. He welcomed the speakers and highlighted that the situation post covid has created a lacuna within the students and this seminar is meant to fill up that lacuna and meant for the holistic development of the students.

The distinguished speaker Ms. Sukanya Bose, Director of the Bengal Chamber of Commerce and Industry, also an Alumni of the college, participated in an inspiring interactive session with the students taking the time to discuss on how to build a career. She



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spoke about the pillars of career adaptability that one should focus on, like curiosity, confidence, patience, trustworthiness, concern and control. She also spoke on the basics of entrepreneurship, importance of good career, career growth, ways to adapt to career and also to new situations in life.

The second speaker, Dr. Ratna Sinha, fellow (XLRI), ACC mentor, coach and HR Advisory interacted with the students and told them to pursue their passion as well as gain knowledge and become a role model. She imparted knowledge on the posture of conversation and different facets of personality development. She also emphasized on the importance of personality development of a student, qualities of a good public speaker and fears that one should overcome during an interview.

The second technical Session speaker Swami Mahaprajnanda, Principal, Ramkrishna Mission Vidyamandir, emphasized that the essential components of personality Development is Brahmacharya, Shraddha and Self-confidence. He interacted with the students through question-answers. He stressed that experience and habit build one's personality over time. Faith, Belief, Routine and planning in life are the other key points for personality development.

The event ended with Dr. Rina Kar Dutta, Teacher's Council Secretary, Asutosh College, giving the vote of thanks to the distinguished speakers whose knowledge and wisdom enriched our students.

- **EXPECTED OUTCOME:** Participants may gain insights into their own personality traits, strengths, weaknesses, and behavioural patterns. Through activities and exercises, attendees may develop greater self-confidence and self-esteem, enabling them to navigate social and professional situations more effectively.



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EVENT NO. 7

- **TITLE OF EVENT/ PROGRAMME:** Lecture on Character Building and Watchword of Swami Vivekananda
- **THEME OF THE EVENT/ PROGRAMME:** National Youth Day Celebration
- **DATE:** 15th January, 2024
- **VENUE:** Seminar Hall of the Centenary Building, (Asutosh College)
- **COLLABORATOR/S:** Event Organising Committee in collaboration with IQAC, Asutosh College
- **OBJECTIVE/ PURPOSE:** To enlighten the audience members about the thoughts and lessons of Swamiji
- **SPEAKER/S / RESOURCE PERSON/S:** Swami Ekachittananda, Principal of Ramkrishna Mission Residential College (Autonomous)
- **TARGET AUDIENCE/ PARTICIPANTS:** Students, teaching and non-teaching staff

□ **BRIEF REPORT ABOUT THE EVENT/ PROGRAMME:**

The programme started with an inaugural speech and welcome address by Prof. (Dr.) Manas Kabi, Principal, Asutosh College. This seminar has been organized corroborating with the vision and mission of the College.

A lecture was delivered by the Principal of Ramkrishna Mission Residential College (Autonomous), Swami Ekachittananda on Character Building: The Watchword of Swami Vivekananda. He compared knowledge with Dya and accentuated that strength



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good education is the manifestation of perfection in man. He shared stories with students for a better understanding of the topic. He quoted Swami Vivekananda “Let character be formed and then I am Amidst”. He emphasized among all this family is our nerve centre of social life. He highlighted that an Ideal Youth should have empathy, truthfulness, and be conscious of the environment, thus leading to development of India. She spoke about the triangle of Work, output and Character to be the fundamentals of a youth, and faith, respect are the pillars of character building. The programme ended with a vote of thanks by Dr. Rina Kar Dutta, Teacher's Council Secretary, Asutosh College. She thanked Swami Ekachittananda for imparting such important facets of youth and character building which will lead to a holistic development of our students.

- **EXPECTED OUTCOME:** This seminar lecture by Swami Ekachinttananda Maharaj on character building can serve as a guiding light for individuals seeking to lead a life of purpose, integrity, and service to humanity.



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Event no. 8

- **TITLE OF EVENT:** Birth Anniversary of Netaji Subhas Chandra Bose
- **THEME OF THE EVENT/ PROGRAMME:** Encompass various aspects of his life, principles, and contributions to the Indian independence movement
- **ACADEMIC SESSION:** 2023-2024
- **DATE:** 23rd January, 2024
- **VENUE:** College rooftop
- **OBJECTIVE/ PURPOSE:** Celebrate the pivotal role played by Netaji Subhas Chandra Bose in India's quest for independence, aiming to instill a sense of patriotism and national pride among the youth.
- **SPEAKER/S / RESOURCE PERSON/S:** N.A.
- **TARGET AUDIENCE/ PARTICIPANTS:** Students, teaching and non-teaching faculty
- **ATTENDANCE SHEET:**

□ **BRIEF REPORT ABOUT THE EVENT/ PROGRAMME:**

On January 23, 2024, Asutosh College joyously commemorated the Birth Anniversary of Netaji Subhas Chandra Bose atop the college rooftop. The event witnessed enthusiastic participation from students, faculty, and staff members alike. A heartfelt floral tribute was offered by both teaching and non-teaching personnel, along with students.

The invaluable contribution of Netaji to India's struggle for independence was passionately discussed by esteemed faculty members, Smt. Mousumi Roy from the Sociology department, and Smt. Sneha Dutta from the BBA Department. Additionally, the General Secretary of the students' union, Radhe Shyam Gayen, delivered an inspiring speech, reflecting on the significance of the occasion.



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The ceremony further included the unfurling of the national flag and soul-stirring renditions of patriotic songs by both students and teachers, resonating with the spirit of unity and love for the motherland.

□ **EXPECTED OUTCOME:**

Such commemorations have the potential to cultivate a deep sense of national pride among participants, motivating them to make constructive contributions to society. By reflecting on the sacrifices and achievements of our freedom fighters, individuals are encouraged to recognize their own capacity to effect positive change. These events serve as powerful reminders that, like those who fought for independence, each person has the ability to leave a lasting impact on the world.



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EVENT NO. 9

- TITLE OF EVENT: Republic Day**
- THEME OF THE EVENT/ PROGRAMME:** Viksit Bharat' and 'Bharat: Loktantra ki Matruka' (India's aspirations and its role as a nurturer of democracy)
- ACADEMIC SESSION: 2023-2024**
- DATE:** 26th January, 2024
- VENUE:** College rooftop
- OBJECTIVE/ PURPOSE:** to mark the adoption of the constitution on this day in 1950
- SPEAKER/S / RESOURCE PERSON/S:** N.A.
- TARGET AUDIENCE/ PARTICIPANTS:** Students, teaching and non-teaching staffs
- ATTENDANCE SHEET:**
- BRIEF REPORT ABOUT THE EVENT/ PROGRAMME:** Republic Day was celebrated on the college rooftop, main campus of Asutosh College. The rooftop was decorated by the students. The teaching and non-teaching faculty members as well as the students gathered on the special occasion to commemorate the adoption of the constitution on this day in 1950. The day begins with the momentous unfurling of the national flag by Retired Professor Dr. Sajal Bhattacharya (Dept. of Zoology), Dr. Arundhati Ganguly (Dept. of Environmental Science), and Dr. Gourab Bera (Dept. of Geography), resonating with the national anthem and symbolizing unity and patriotism.
- EXPECTED OUTCOME** The celebration highlights the end of India's struggle for independence and the establishment of a self-governing nation and the democratic values and principles our Constitution put forward, which serves as the guiding document for the nation.



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EVENT NO. 10

- **TITLE OF EVENT:** ‘Empowering Future: Motivational Insights for Student’s Welfare’
- **THEME OF THE EVENT/ PROGRAMME:** One-day International Seminar on Empowering Future
- **DATE** – 06/02/2024
- **VENUE** – Seminar Hall, Centenary Building, Asutosh College
- **OBJECTIVE/ PURPOSE:** Motivating students of Asutosh College, Hub colleges and Spoke colleges
- **SPEAKER/S / RESOURCE PERSON/S:** Swami Tatparanandaji Maharaj, the coordinator of Ramkrishna Mission Vidyalaya, Dr. Sujit Roy, General Physician, Merryland Nursing Home, Dr. Dipankar Mukherjee, BHR University Hospitals NHS Trust, London, U.K., Shibayan Ganguly, Clinical Dietician
- **TARGET AUDIENCE/ PARTICIPANTS:** Students

BRIEF REPORT ABOUT THE EVENT/ PROGRAMME: A motivational talk was arranged for student’s welfare that was attended by students of both hub centre and seven spoke colleges. The seminar was divided into four unique sessions where the audience was enlightened by three distinguished speakers.

Session 1: Swami Tatparanandaji Maharaj –

Swami Tatparanandaji Maharaj, the coordinator of Ramkrishna Mission Vidyalaya enlightened the audience on the the ‘Resources of Wellbeing’. Swamiji emphasised on the wellbeing of our inner self. In a world full of constant competition and comparison of oneself with others in every aspect it is extremely important to understand that we are the makers of our own destiny. We are always in the search of happiness, however happiness is not defined by what someone else thinks it to be, rather it is only us who can actually determine the meaning and depth of one’s own happiness. He focussed on the significance of controlling our senses and practice of ‘tapasya’ to achieve our goals.

Session 2: Dr. Sujit Roy –

Dr. Sujit Roy, General Physician, Merryland Nursing Home, discussed in details about the importance of health awareness. He stressed on the problems associated with cigarette smoking and the harmful effects of nicotine, our heart, kidney and how the brain too gets



affected. His speech also emphasised on the negative effects of carbon monoxide and how it raises the risk of lung cancer. He discussed how simple habits such as regular use of hand wash and good food intake can help us lead a disease-free life.

Session 3: Dr. Dipankar Mukherjee

Dr. Dipankar Mukherjee, BHR University Hospitals NHS Trust, London, U.K, gave a powerful speech on the topic – ‘Mental health and well-being challenges of young adults. What can we do now?’ In a life that is a quest for perfection, we all want to be perfect but we all cannot be one. He focussed on opening up on mental health and accepting it if we face any. Constant fear of what people might say, the fear of social taboo leads to self-harm so we need to call it out. The race towards achievement creates immense pressure amongst students. Society is still highly judgemental. So, we need to engage in positive activities, to be in the moment, to be kind to oneself, to allow imperfections, reward oneself and have a sense of purpose.

Session 4: Shibayan Ganguly

Shibayan Ganguly, a Clinical Dietician, had an extremely informative session on ‘The Essential Acupressure Points for Emergency Situations’. The basic knowledge of what should be done in a situation of emergency before we receive medical help was well-explained and demonstrated. Such as a person who is suddenly feeling extremely depressed should try to control his emotions as our emotional mind hijacks our intellectual mind. He stressed on the importance of knowing one’s own red flags, understanding our health better so that help can be received on time.

□ EXPECTED OUTCOME:

Overall, a motivational talk for students can have a profound impact on their attitudes, behaviours, and outlook on life, helping them unlock their full potential and pursue their dreams with passion and determination.



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Event No. 11

- **TITLE OF EVENT:** Inter-College Debate Competition

- **THEME OF THE EVENT/ PROGRAMME:** Inter-College Debate Competition on the topic “Social Media isolates more than it connects” was organized by Asutosh College Hub Centre and Spoke Colleges, in collaboration with Debate Club, Asutosh College and in association with IQAC, Asutosh College.

- **ACADEMIC SESSION:** 2023-2024

- **DATE:** 6th February, 2024

- **VENUE:** Seminar Hall, Centenary Building, Asutosh College.

- **OBJECTIVE/ PURPOSE:**
 - To help students develop skills like critical thinking, communication, and public speaking.
 - To help students learn new things and keep up with current events, politics, scientific advancement, and new vocabulary.

- **RESOURCE PERSON/ JUDGES:** Dr. Aditi Sarkar, IQAC Coordinator, Basanti Devi College, and Susobhan Sengupta, Assistant Professor of History, Ramakrishna Mission Residential College (Autonomous), Narendrapur.

- **TARGET AUDIENCE/ PARTICIPANTS:** Students of spoke colleges of Asutosh College Hub Centre and Asutosh College.

- **BRIEF REPORT ABOUT THE EVENT/ PROGRAMME:** The Asutosh College Hub Centre and Spoke Colleges, in collaboration with Debate Club, Asutosh College and in association with IQAC, Asutosh College organized an Inter-College Debate Competition on the topic “Social Media isolates more

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than it connects”. Dr. Aditi Sarkar, IQAC Coordinator, Basanti Devi College, and Susobhan Sengupta, Assistant Professor of History Ramakrishna Mission Residential College (Autonomous), Narendrapur acted as judges of the debate competition. Students from five spoke colleges of Asutosh College Hub Centre and Asutosh College participated in the event. A total of 12 persons spoke 'for the motion' and 'against the motion'. Pratham Kumar Jaiswal and

Md. Numan gained the first and first runner-up positions, respectively, after debating 'for the motion'. Pratim Roy and Junaid Javed debated 'against the motion' and gained the first and first runner-up spots, respectively.

● **EXPECTED OUTCOME:**

- Help the students develop critical thinking and communication skills through analysing various perspectives and articulating well-reasoned arguments.
- Expose students to diverse viewpoints, encouraging appreciation of differing opinions and informed decision-making.
- Boost the confidence and leadership skills of the students by engaging in public speaking, quick thinking, and effective assertion of positions.



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Event No.- 12

- **TITLE OF EVENT: MUKTODHARA**
- **THEME OF THE EVENT/ PROGRAMME:** Cultural confluence, entrepreneurship, and career guidance
- **ACADEMIC SESSION:** 2023-2024
- **DATE:** 12th February, 2024
- **VENUE:** Asutosh Memorial Hall
- **OBJECTIVE/ PURPOSE:**
 1. To provide a platform for students to showcase their cultural talents and creativity.
 2. To promote entrepreneurship and inspire students through the journey of successful startups.
 3. To facilitate collaboration and interaction between Asutosh College and its hub colleges.
 4. To offer career guidance and awareness about government job opportunities to students.
 5. To train the students in using the Asutosh College students' app.
 6. To enhance student engagement and participation through a variety of activities and performances.
 7. To celebrate the diverse cultural heritage and talents present within the college community.
- **SPEAKER/S / RESOURCE PERSON/S:** Abhishek Biswas, the Founder of U'Vaa & Auth'n (for the Cultural Confluence segment)
- **TARGET AUDIENCE/ PARTICIPANTS:** Faculty members and students of Asutosh College and its spoke colleges



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● **BRIEF REPORT ABOUT THE EVENT/ PROGRAMME:**

The MUKTODHARA-2024 event, organised by Asutosh College Cultural Unit, Entrepreneurship Cell, Asutosh College Hub Centre, and Placement Cell, in association with the IQAC & Asutosh College Students' Union, was a resounding success, showcasing a diverse range of activities and performances that captivated the audience throughout the day.

The event kicked off with an energetic inaugural song and lighting of lamp by Dr. Rina Kar Dutta, Dr. Sayani Mukhopadhyay, Dr. Sraboni Roy, Dr. Krishna Basu, Dr. Keya Ghosh, and Dr. Supriyo Das. This was followed by a series of cultural performances by both students and faculty members of Asutosh College, highlighting the talent and creativity within the institution.

One of the highlights of the event was the session on "Entrepreneurship in Bengal: Journey of Startups" by Abhishek Biswas, the Founder of U'Vaa & Auth'n. His insights into the world of startups and entrepreneurship provided valuable knowledge to the attendees.

The Cultural Confluence segment brought together Asutosh College Hub Centre and its Spoke Colleges, including Heramba Chandra College, Netaji Nagar Day College, Naba Ballygunge Mahavidyalaya, Syamaprasad College, Harimohan Ghosh College, Panchur College, and Government Girls' General Degree College, Ekbalpur, fostering collaboration and unity among different educational institutions. This was a great opportunity for students to showcase their talents, as well as interact and learn from each other.

The Career Guidance & Awareness Programme on Government Jobs by the National Vocational Academy of India (run by Shikshalight Education Research Foundation) was a valuable addition to the event, offering students important information and insights into career opportunities in the government sector.



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ASUTOSH COLLEGE
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The students also received hands-on training for using the Asutosh College students' app. This was followed by a speech by Dr. Manas Kabi, Principal of Asutosh College. The day was filled with musical performances by talented bands and artists, including performances by Archik and Prithibi bands that left the audience mesmerised.

Overall, MUKTODHARA-2024 was a well-organised and engaging event that not only entertained but also educated and inspired the attendees. It served as a platform for students to showcase their talents, learn from industry experts, and explore various career opportunities.

- **EXPECTED OUTCOMES:**

1. Increased awareness and appreciation of cultural diversity among students and faculty.
2. Enhanced knowledge and motivation towards entrepreneurship and startup ventures.
3. Strengthened relationships and partnerships between Asutosh College and its spoke colleges.
4. Improved understanding of career options in the government sector among students.
5. Enhanced student skills in event organisation, performance, and leadership.
6. A sense of pride and belonging within the college community.
7. Exploration of interests and talents of students beyond academics.
8. Appropriate training of students for using the Asutosh College Students' app.
9. Celebration of the diverse cultural heritage and talents present within the college community.



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Event no.13

- **TITLE OF THE PROGRAMME :** **Bhasa Dibas** Celebration of International Mother Language Day (21st February)
- **THEME OF THE PROGRAMME:** Preserving cultural history through inclusivity and inter-generational understanding is very important. The celebration of the International Mother Language Day is a day set aside to promote linguistic and cultural variety, as well as multilingualism.
- **ACADEMIC SESSION:** 2023-2024
- **DATE:** 21st February
- **VENUE:** Student Common Room, Asutosh College
- **OBJECTIVE/ PURPOSE:**
International Mother Language Day is observed to encourage linguistic and cultural diversity across the world, as well as to safeguard and preserve all languages.
- **SPEAKERS:** Dr. Manas Kabi, Principal, Dr. Sraboni Roy, IQAC coordinator, & Teachers' Council Secretary Dr. Rina Kar Dutta

□ **BRIEF REPORT ABOUT THE EVENT/ PROGRAMME:**

Every year on 21st February, International Mother Language Day is observed to encourage linguistic and cultural diversity across the world, as well as to safeguard and preserve all languages. The United Nations Educational, Scientific, and Cultural Organisation (UNESCO) established this day in 1999 to commemorate Bangladesh's Bengali language movement.

International Mother Language Day is marked by a variety of events and activities across the world to celebrate linguistic diversity, promote multilingualism, and raise awareness about the significance of maintaining and developing mother languages. Cultural performances, language-related conferences, educational programme, and information distribution regarding the importance of mother tongue preservation for long-term development, peace, and reconciliation are examples of such activities.

The programme commenced with the inaugural song by the faculty members of the Department of Bengali. This was followed by the speech of Dr. Manas Kabi, Principal, Dr. Sraboni Roy, IQAC coordinator, GB members & TCS Madam & Dr. Rina Kar Dutta. Dr.

Krishan Basu recited a poem to set the tune of the day's program. Students from different departments participated. The event featured intriguing cultural acts, such as traditional dances, music, and plays from diverse countries and languages.

Students demonstrated their abilities, captivating the audience with vivid performances that showed the diverse cultural history of many cultures.



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□ **EXPECTED OUTCOME:**

Events organized on 21st February might lead to deeper respect for the mother language and the historical backdrop of the movement.



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EVENT NO. 14

- TITLE OF EVENT:** Asutosh Premier League
- THEME OF THE EVENT:** Interdepartmental Cricket match to Promote sports
- ACADEMIC SESSION:** 2023-2024
- DATE:** 18th & 19th March 2023
- VENUE:** Harish Park
- OBJECTIVE/ PURPOSE:** Encourage students in outdoor game in this cyber world
- TARGET AUDIENCE/ PARTICIPANTS:** Students
- BRIEF REPORT ABOUT THE EVENT/ PROGRAMME:** Asutosh College Students Union organised Asutosh Premier League, Sayantan Ghosal Memorial Cup at Harish Park. Many students participated in the cricket match.
- EXPECTED OUTCOME:** Team sports helps to strengthen competitiveness and teach us how to handle winning and losing. This, paired with physical exertion, makes for great character-building.



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Event no. 15

- **TITLE OF EVENT:** Dr. B. R. Ambedkar Birth Anniversary
- **ACADEMIC SESSION:** 2023-24
- **DATE:** 15th April, 2024
- **VENUE:** Students' common room
- **OBJECTIVE/ PURPOSE:** Pay homage to his contributions to drafting the Indian constitution and remembered on his birthday for his fight for equality.
- **SPEAKER/S / RESOURCE PERSON/S:** Dr. Sritama Chaudhuri, Assistant Professor, Department of Sociology
- **TARGET AUDIENCE/ PARTICIPANTS:** Students, Teachers and non-teaching staffs
- **BRIEF REPORT ABOUT THE EVENT/ PROGRAMME:** Ambedkar Jayanti was celebrated in Asutosh College common room. The floral tribute to Dr. Ambedkar was given by our respected Principal Sir Dr. Manas Kabi followed by IQAC coordinator, TCS, all the teachers and students present there. The welcome address was given by Principal Sir. The programme was hoisted by Smt Mousumi Roy, Dept of Sociology. A brief lecture on this special occasion by Smt Sritama Chaudhuri, Assistant Professor of Sociology.
- **EXPECTED OUTCOME:** The lecture was very informative for all the students.



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Event No. 16

- **TITLE OF EVENT/ PROGRAMME:** Bohe Nirontoro Ananta Anondodhara' (Rabindra Jayanti, 2024)
- **THEME OF THE EVENT/ PROGRAMME:** Celebration of the 164th Birth Anniversary of Rabindranath Tagore
- **DATE:** 7th May, 2024
- **VENUE:** Common room, Asutosh College
- **COLLABORATOR/S (IF ANY):** Asutosh College Cultural committee, Event organising committee, and Students' union
- **OBJECTIVE/ PURPOSE:** To commemorate the life and works of Rabindranath Tagore through speeches and performances, fostering a deeper appreciation for his contributions.
- **SPEAKERS:** Dr. Manas Kabi, Principal, Asutosh College
- **TARGET AUDIENCE/ PARTICIPANTS:** Teachers, non-teaching staff, and students from various departments of Asutosh College.
- **BRIEF REPORT ABOUT THE EVENT/ PROGRAMME:** The Rabindra Jayanti Programme 'Bohe Nirontoro Ananta Anondodhara' at Asutosh College, 2024, was a vibrant celebration of Rabindranath Tagore's 164th Birth Anniversary. Principal Dr. Manas Kabi, Teachers' Council Secretary Dr. Rina Kar Dutta, President of Students' Union Dr. Keya Ghosh, and other teachers paid floral tribute to the portrait of Rabindranath Tagore. Principal Dr. Manas Kabi, member of the Governing body Dr. Sayani Mukhopadhyay, Convener of the Cultural committee Dr. Krishna Basu, and President of the Students' Union Dr. Keya Ghosh spoke about the significance of Rabindra Jayanti celebration at the college. The programme began with an inaugural song by the faculty members of the college. The event also featured speeches by college dignitaries and student leaders, individual musical performances, and recitations. Teachers and students paid a memorable tribute to the Nobel laureate.
- **EXPECTED OUTCOME:** The event aimed to deepen the understanding and appreciation of Rabindranath Tagore's literary and cultural contributions among the college community, fostering a sense of pride and inspiration for his timeless work.



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